

2018 Welsh Champs

↑Sort↓

Pos	Name	Club	Cat.	Total	Llanbedr To Blaenavon Cader Idris Time	1000 Metres Time	Tal Y Mignedd Time	Middletown Shc Breidden Hills Time
1	Peter Ryder	Aberdare Valley AAC	SM	310.96	2:15:35	1:29:45	0:39:36	0:38:58
2	Jeze Brown	Buckley RC	M40	282.77	2:29:07	1:35:20	4:55:52	1:01:08
3	Billy Starling	Mercia Fell Runners	MU23	271.00		1:42:21	0:41:33	0:45:33
4	Paul Jeggo	Springfield Striders AC	M50	257.63	2:43:43	1:47:41	0:43:43	0:45:34
5	Helen Brown	Mynydd Du	F40	253.76	2:41:09	1:52:40	5:41:08	0:46:33
6	Craig Jones	Eryri Harriers	M40	248.89	2:42:22	1:46:38	5:15:26	0:43:19
7	Paul Tucker	Mynydd Du	M50	233.64	3:08:20	1:52:06	5:29:01	0:47:22
8	John Aggleton	MDC	M60	231.76	2:49:48	1:54:25		0:50:18
9	Anthony Powell	Maldwyn Harriers	M40	233.40	2:51:12	1:52:09		0:47:19
10	Rhian Probert	Mynydd Du	F40	222.54	2:58:49	1:56:03		0:50:54
11	Sian Williams	Rhedwyr Hebog Runners	SF	226.19	2:51:25	1:56:08		0:46:32
12	Joe Starling	Mercia Fell Runners	U19B	283.08			0:41:41	0:40:31
13	Rob Grantham	Pensby Runners	M40	278.97		4:18:56	0:39:13	1:04:28
14	Chris Atherton	Ambleside AC	SM	268.71			0:42:33	0:40:58
15	Glyn Fletcher	Maldwyn Harriers	M50	204.78	3:09:09	2:04:20	6:07:45	0:52:01
16	Mel Price	Mercia Fell Runners	F40	251.79		5:05:09	0:41:46	1:05:59
17	Michael Reynolds	Mercia Fell Runners	M50	251.78		1:49:34		0:46:40
18	Dylan Griffiths	Rhedwyr Hebog Runners	SM	246.89		1:48:35	0:42:01	1:04:13
19	Sue Howarth	Mercia Fell Runners	F50	183.45	3:10:54	2:16:52	0:52:53	0:54:00
20	Dave Clarke	Mercia Fell Runners	SM	222.80		1:55:39		0:51:14
21	Gonks Hughes	Rhedwyr Hebog Runners	M40	219.05		1:47:53	5:45:24	0:45:46
22	Leon Davies	North Wales Road Runners	M40	216.94	2:41:29	1:53:04	6:39:12	0:49:02
23	Beverley Tucker	Mynydd Du	F50	162.18	3:26:18	2:20:38	0:59:54	0:59:52
24	Mark Agnew	Mercia Fell Runners	M50	208.24		1:55:47	0:49:41	1:28:19
25	Sammie Toop	Mynydd Du	SF	205.92	3:04:45	2:03:02		0:52:51
26	Celia Mills	Unaffiliated	F50	157.30		2:17:07	6:41:10	0:54:24
27	Hugh Aggleton	MDC	SM	197.43	2:15:29	1:35:33		1:22:19
28	Jack Agnew	Mercia Fell Runners	SM	186.73			0:39:46	0:56:46
29	Andrew Salt	Croft Ambrey RC	SM	185.33	2:31:21	1:36:16		
30	Clive Morgan	Maldwyn Harriers	SM	184.41		1:37:30		1:02:25
31	Martin Green	Maldwyn	M60	184.39		2:11:42		0:56:24
32	Richard Roberts	Eryri Harriers	SM	181.93	2:28:51		0:38:32	
33	Louise Beeston	Eryri Harriers	SF	181.37		2:08:23	5:40:19	0:51:33
34	Mark Hopkinson	Mynydd Du	SM	180.75	2:46:53	1:30:25		
35	Matthew Fortes	Eryri Harriers	M40	179.06			4:31:56	0:41:17
36	Mark Fenn	Unaffiliated	M40	178.12				0:45:30
37	Paul Jones	Mercia Fell Runners	M40	172.97			5:39:30	1:05:57
38	Dan Sandford	Forest of Dean AC	M40	172.78	2:31:11	1:47:41		0:58:42
39	Andrew Stephens	Monross Trailblazers	M40	169.92	2:35:32	1:47:28		
40	Warren Renkel	Run Free Fell Runners	SM	166.82		1:43:01	5:20:13	
41	Stephen Jones	Eryri Harriers	M60	163.52	2:39:31		0:42:15	
42	John Jaspers	Unaffiliated	M40	125.15	3:44:27	2:19:29	7:52:46	1:09:25
43	Virgil Barton	Mercia Fell Runners	M40	157.69		5:10:03	0:43:46	1:33:04
44	Ed Morris	Shropshire Shufflers	M40	154.31		1:50:37		1:11:27
45	Jeremy Randell	Meirionydd Running Club	M50	152.91		1:53:26		1:10:27
46	Anthony Davies	Eryri Harriers	M50	152.36		1:52:36	5:30:32	
47	Sara Willhoit	Mercia Fell Runners	SF	152.23			0:45:04	1:07:52
48	Gary Pearson	Croft Ambrey RC	M40	151.05	3:00:06			1:10:06
49	Ellie Salisbury	Eryri Harriers	F50	115.77	3:44:50		0:57:55	1:35:31
50	Martin Wright	Mynydd Du	M40	146.43	2:56:03		5:45:09	
51	David Powell	Aberystwyth AC	M50	145.81	2:44:01	2:03:45		
52	Tim Parker	Mercia Fell Runners	M50	145.69				0:52:20
53	Vic Belshaw	Denbigh Harriers	M50	143.31	2:59:53	1:55:49		1:15:20
54	Faye Johnson	Mynydd Du	SF	141.10	2:58:29	1:58:42		
55	Steven Hepton	Mynydd Du	M40	140.27	2:55:44	2:01:13		
56	Andrew Holt	Harborough AC	M40	138.59		1:52:31	6:07:52	
57	James McQueen	Eryri Harriers	M40	137.94			5:32:20	0:47:43
58	Sarah Harley	Eryri Harriers	SF	134.15			5:31:03	0:49:11
59	Tim Hargreaves	Buckley RC	M50	132.52	3:03:05	2:03:29		
60	John Morris	Buckley RC	M70	127.80			0:58:13	1:02:06
61	Simon Daws	Mercia Fell Runners	M60	126.56		2:06:35		1:30:06
62	Graham Chidley	Mercia Fell Runners	M50	124.66		2:10:25		1:17:17
63	Ben Wells	Meirionydd Running Club	M40	118.02		2:04:04	6:28:46	1:15:55
64	Jim Jones	Helsby RC	M50	117.38	3:45:25	2:26:59	7:08:04	
65	Louise Barker	Aberystwyth AC	F40	116.97	3:04:31		6:48:16	
66	Richard Borne	Mysteruns of Abergelle	M50	116.90			6:04:37	0:50:50
67	Lou Summers	Mynydd Du	F50	116.52	3:03:19	2:17:45		
68	Thomas Mollakin	Mynydd Du	SM	109.93	3:32:19	2:05:04		
69	Guto Edwards	Eryri Harriers	M50	107.60		2:03:18	6:59:07	
70	Emma Collins	Denbigh Harriers	F50	99.68	3:31:36	2:14:46		
71	Victoria Whitehead	Denbigh Harriers	F40	98.79		2:17:28	6:40:31	
72	Dylan Huws	Eryri Harriers	M50	92.52		2:10:54	7:17:02	
73	Andy Smith	Mercia Fell Runners	M50	91.14		2:20:59		1:28:35
74	Phil Clarke	Mercia Fell Runners	M60	89.21				1:25:52
75	Alwyn Oliver	Eryri Harriers	M70	83.97			6:07:19	1:01:49
76	Julie Lloyd-Evans	Oswestry Olympians	F40	83.12	2:25:47			1:30:09
77	Paul Sanderson	Telford AC	M60	78.83				1:05:29
78	Sharon Woods	Mynydd Du	F50	77.70	3:34:45	2:32:33		1:35:59
79	Karen Elvers	MDC	F40	73.20	3:46:00	2:29:23		
80	Tim Jones	Croft Ambrey RC	M50	72.98				1:11:05
81	Owen Williams	WFRA	M50	71.36			1:00:31	1:31:38
82	Menal Baugh	Denbigh Harriers	F60	70.72		2:39:06	1:03:37	1:28:46
83	Gary Gunner	Croft Ambrey RC	M70	61.32	4:18:58			1:37:32
84	Gareth David Jones	MDC	M70	51.85	4:05:27	2:36:08		1:29:35
85	Geoffrey Fielding	Eryri	M70	43.02			1:04:58	1:37:43