











Bib	Forename	Surname	Gender	Gen Pos	Category	Cat Pos	Ascent	Rank	Descent	Rank	Gun Time	Pos	Chip Time	Rank	Club	Team
102	Jim	Alcock	Male	366	MSEN	116	01:30:42	467	00:50:36	444	<b>02:21:18</b>	<b>454</b>	02:20:53	454	Wrecsam Tri	
103	Susan	Allen	Female	89	F40+	20	01:28:21	453	00:53:47	458	<b>02:22:08</b>	<b>455</b>	02:21:46	455	Clayton le Moors	
412	Mike	Murray	Male	367	M60+	17	01:30:40	466	00:51:47	449	<b>02:22:27</b>	<b>456</b>	02:22:00	458	FRA	
447	Stephen	Pilbeam	Male	368	M50+	55	01:33:22	475	00:49:09	434	<b>02:22:31</b>	<b>457</b>	02:21:58	457	Cybi Striders	
621	Andrew James	Wright	Male	369	MSEN	117	01:27:12	447	00:55:20	461	<b>02:22:32</b>	<b>458</b>	02:21:56	456		
451	Nicholas	Porter	Male	370	M40+	136	01:18:05	376	01:04:31	479	<b>02:22:36</b>	<b>459</b>	02:22:28	459		
249	Glynn	Frith	Male	371	MSEN	118	01:24:18	433	00:58:35	465	<b>02:22:53</b>	<b>460</b>	02:22:42	460	EvenwoodRR	
146	Julie	Burchell	Female	90	FSEN	42	01:31:20	468	00:52:49	456	<b>02:24:09</b>	<b>461</b>	02:23:41	461	Griffithstown Harriers	
193	Rebecca	Davies	Female	91	FSEN	43	01:29:19	460	00:54:54	460	<b>02:24:13</b>	<b>462</b>	02:23:49	462		
326	Idris Wyn	Jones	Male	372	M40+	137	01:32:42	474	00:52:19	453	<b>02:25:01</b>	<b>463</b>	02:24:43	463		
365	Sarah	Lewis	Female	92	FSEN	44	01:28:24	454	00:57:37	464	<b>02:26:01</b>	<b>464</b>	02:25:34	464	Amazing Feet RC	
498	Dorothea	Russell	Female	93	F40+	21	01:34:55	477	00:52:26	454	<b>02:27:21</b>	<b>465</b>	02:27:05	465	Poole Runners	
260	Brian	Graves	Male	373	M60+	18	01:30:31	465	00:58:42	466	<b>02:29:13</b>	<b>466</b>	02:28:50	468	Milton Keynes AC	
218	Pascale	Eichenmuller	Female	94	FSEN	45	01:39:27	482	00:49:46	439	<b>02:29:13</b>	<b>467</b>	02:28:49	467		
624	David	Yetton	Male	374	M50+	56	01:30:25	462	00:58:52	467	<b>02:29:17</b>	<b>468</b>	02:28:47	466	Portsmouth Joggers	
232	Thomas J.	Farish	Male	375	M50+	57	01:29:45	461	01:00:14	472	<b>02:29:59</b>	<b>469</b>	02:29:43	470		
432	Jeff	Palmer	Male	376	M60+	19	01:30:27	463	00:59:39	470	<b>02:30:06</b>	<b>470</b>	02:29:31	469		
262	Victor (Snr)	Gretton	Male	377	M50+	58	01:39:20	481	00:51:55	450	<b>02:31:15</b>	<b>471</b>	02:30:39	471	Merionnydd	
118	Amanda	Baxendale	Female	95	FSEN	46	01:32:30	472	00:59:29	469	<b>02:31:59</b>	<b>472</b>	02:31:34	472	Astley & Tyldesley	
217	Kevin	Egerton	Male	378	M50+	59	01:38:17	479	00:56:30	462	<b>02:34:47</b>	<b>473</b>	02:34:14	473	Belle Vue Racers	
393	John	Middleton	Male	379	M60+	20	01:32:27	471	01:02:32	474	<b>02:34:59</b>	<b>474</b>	02:34:38	474	Gorphwysfa	
509	Jennifer	Shackley	Female	96	FSEN	47	01:35:39	478	01:00:06	471	<b>02:35:45</b>	<b>475</b>	02:35:18	475		
540	Matthew	Thomas	Male	380	MSEN	119	01:41:38	485	00:59:15	468	<b>02:40:53</b>	<b>476</b>	02:40:19	476		
246	Karen	Frankis	Female	97	F40+	22	01:39:30	484	01:02:42	475	<b>02:42:12</b>	<b>477</b>	02:42:01	477		
395	Michael	Millen	Male	381	M50+	60	01:39:29	483	01:02:43	476	<b>02:42:12</b>	<b>478</b>	02:42:01	478		
564	Peter	Walker	Male	382	M40+	138	01:24:20	435	01:21:14	481	<b>02:45:34</b>	<b>479</b>	02:45:12	479		
475	Stephen	Roach	Male	383	M50+	61	01:38:34	480	01:07:00	480	<b>02:45:34</b>	<b>480</b>	02:45:20	480		
428	Caroline	Orrells	Female	98	F50+	8	01:52:23	487	01:03:26	477	<b>02:55:49</b>	<b>481</b>	02:55:17	482	Maldwyn Harriers	
521	Sarah	Smiles	Female	99	FSEN	48	01:52:02	486	01:03:47	478	<b>02:55:49</b>	<b>482</b>	02:55:16	481	Brackla Harriers	
10	Matthew	Roberts	Male		MPRO		00:54:22	40			<b>DNF</b>				Wales	WMRA B
32	David	O'Flaherty	Male		MPRO		00:54:42	45			<b>DNF</b>				Northern Ireland	NIMRA
558	Dimitri	Vorres	Male		M40+		00:56:31	66			<b>DNF</b>				Griffithstown Harriers	
37	Alwynne	Shannon	Female		FPRO		00:58:53	86			<b>DNF</b>				Northern Ireland	NIMRA
505	Jack	Scannell	Male		M40+		01:01:05	112			<b>DNF</b>				London Dynamo	
112	Stephen	Bajic	Male		M40+		01:04:48	172			<b>DNF</b>				Telford Harriers	